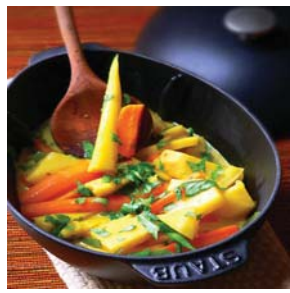
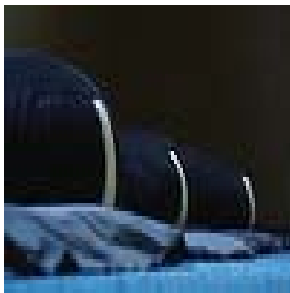
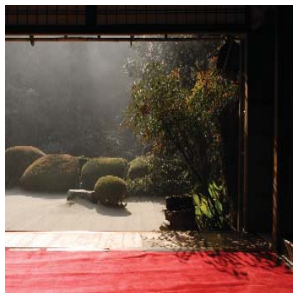
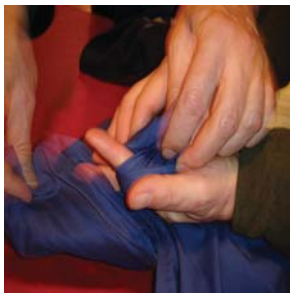


# ZEN

# Initiation au zen sôtô



le samedi 19 sept.  
17h00  
MPT du guelmeur

Entrée libre

renseignement au 02 98 42 29 76

organisée par l'association zen de Brest  
affiliée à l'association zen internationale

e-mail : [contact@dojozenbrest.org](mailto:contact@dojozenbrest.org)

[www.dojozenbrest.org](http://www.dojozenbrest.org)